6th Grade: BAND KARATE

ACHIEVEMENTS	ESSENTIAL ELEMENTS BOOK 1
LEVEL 1: White	**Demonstrate knowledge of the following:** • Instrument Anatomy • Instrument Condition • Posture (relaxed, rest, ready) • Note Recognition
LEVEL 2: Yellow	**#14 – "Rolling Along"** • Count & clap the exercise with 100% accuracy • Name the pitches in time with the correct rhythms • Perform the exercise with a characteristic tone
LEVEL 3: Orange	**#17 – "Hot Cross Buns"** (play with metronome at 100 bpm) • Count & clap the exercise with 100% accuracy • Name the pitches in time with the correct rhythms • Perform the exercise with a characteristic tone
LEVEL 4: Green	**#25 – "Lightly Row"** • Count & clap the exercise with 100% accuracy • Name the pitches in time with the correct rhythms • Perform the exercise with a characteristic tone
LEVEL 5: Purple	**#34 – "Doodle All Day"** • Count & clap the exercise with 100% accuracy • Name the pitches in time with the correct rhythms • Perform the exercise with a characteristic tone
LEVEL 6: Blue	**#42 – "Skip to My Lou" / #54 – "Frère Jacques"** • Perform the exercise with a characteristic tone • Execute with complete musical/technical accuracy
LEVEL 7: Brown	**#62 – Camptown Races / #76 – High Flying / #83 – "Down by the Station"** • Perform the exercise with a characteristic tone • Execute with complete musical/technical accuracy
LEVEL 8: Red	**#90 – "Variations on a Familiar Theme" / #112 – "All Through the Night" / #114 – "Scarborough Fair" / Bb Concert Scale (full octave)** • Perform the exercise with a characteristic tone • Execute with complete musical/technical accuracy
LEVEL 9: Black	**#134 – "Botany Bay" / #160 – "Minuet" / #179 – "American Patrol" / F Concert Scale (full octave) / Ab Concert Scale (full octave)** • Perform the exercise with a characteristic tone • Execute with complete musical/technical accuracy